

Swing Bed volunteers, along with Activities Coordinator. Left to right: Sylvia Kalipolites, Dottie Levitas, Barbara Baker (Activities Coordinator), Leejoyce Marl, Ilse Vanderpot. Additional volunteers are welcome!

The Swing Bed Unit will help the patient make the transition from the acute care stage, either at Ellenville or another hospital, to recovery at home. It is ideal for the patient who isn't quite ready to be at home, especially alone, but wants to be closer to home, family, and friends.

Some of the Transitional Care services available under this new program are skilled nursing care, nutritional therapy, physical therapy, occupational therapy, and case management. Speech therapy, respiratory therapy, and activities services are also part of the program.

Swing Bed services are designed for the person who is recovering from major surgery, has experienced repeated hospitalizations, is recovering from a stroke or a major accident, needs help with pain management, requires wound or amputation care, is coping with congestive heart failure, or has resolving conditions that require a little more time.

Volunteers Needed for the New ERH Swing Bed Unit:

- Ellenville Library card persons to go to the library Saturday AM to bring a video for viewing at 1:15 PM and to bring back when it is due.
- Gardeners to help with our patio planting. Manicure persons to do nails; polish, file, & pamper.
- An instrument player, keyboard, guitar, and vocalists for Friday afternoon Social Hour/Sing-A-Long, & servers for refreshments. Music instrumental, vocal, for holiday and seasonal occasions.
- Choirs, children groups, girl scouts, cub scouts, boy scouts to visit & entertain.
- A crafty person for woodworking and crafts, to help with tools etc.
- Some cooking/baking persons to help prepare.
- In-room visitors to help with writing and sending mail out, helping with phone calls. Sunday mornings, to read the newspaper & help cut out coupons with the clipper club. Sunday afternoon persons for sports on television & snacks.
- A bingo caller & table game player to set up games and explain the rules of play.

For more information about general hospital services, or the new transitional care services at *Ellenville Regional* Hospital, call 647-6400 ext. 238.

May 11th Health Care Auxilian Day

Governor George E. Pataki has proclaimed May 11th, 2005 as Health Care Auxilian Day in New York State to recognize the dedicated auxilians who annually donate more than five million hours of service to their health care facilities and to their communities.

Ellenville Regional Hospital is grateful to the Ellenville Regional Hospital Auxiliary, and celebrates the work and support that the auxilians provide throughout the year. During the past year, the Auxiliary to Ellenville Regional Hospital has successfully operated the Hospital Gift Shop, provided countless volunteer hours in the hospital serving our patients and visitors, and continued in their fundraising efforts through the *Annual Auxiliary* Luncheon, bake sales, and other endeavors.

New York State has more than 75,000 health care auxilians who initiate, fund, and volunteer for a wide variety of patient and family care services.

For information on joining the *Ellenville Regional* Hospital Auxiliary, please call 845-647-6400 ext. 286.



Ellenville Regional Hospital celebrated National Volunteer Week by hosting a party for its volunteers on April 19th.

ERH Functional Capacity Evaluation

Ellenville Regional Hospital wants to help you get back to work!

Ellenville Regional Hospital is proud to announce the start of its Functional Capacity Evaluation Program. Functional Capacity Evaluation (FCE) is a series of tests that measure an individual's ability to perform meaningful tasks on a safe and dependable basis. They are ideal for anyone who has suffered an injury that has resulted in a physical inability to meet the demands of their jobs. The tests now are conveniently offered at Ellenville Regional *Hospital* by appointment with their new FCE specialist. What you get is a comprehensive analysis that not only evaluates your treatment needs, but also delivers personalized rehabilitations plans and recommendations for work-related activities related to your job.

The main purpose of FCE is to assess the likelihood that you will be safe in a subsequent job task performance. A comparison of your abilities to your prior job demands are made to diminish the risk of a re-injury. The results of your FCE will identify your individual strength, abilities, needs and preferences, and the feasibility of you returning

While other physical assessment tests are designed to simply determine the need for continuing treatment or care, the FCE is designed to evaluate the individual patient's ability to perform specific, work-related functional activities over a consistent time basis. An FCE requires 4 to 6 hours of client testing over one or more days and takes place in the context of the demands of your working environment. The tests are set up to best replicate your real life work demands. Subjective questionnaires and